

# SPOTS COURSE

## Sheffield Paediatric Orthopaedic and Trauma Skills Course

*In association with The Sharrard Society*

**6th - 8th November 2024**

Inox, Level 5 Student Union's Building, Durham Road, Sheffield, S10 2TG

The Royal College of Surgeons of England has awarded up to 23 CPD points

### Why attend?

This course has been designed to help consultants and senior trainees keep up-to-date and practice skills in both elective and trauma Paediatric Orthopaedics.

It is based in Sheffield at the Inox, Student Union's Building with a national and international invited faculty.

Over the period of the course during the three days we aim to cover many aspects of elective and trauma Paediatric Orthopaedics.



[spotscourse.com](http://spotscourse.com)

### International Faculty:



**John Anastasopoulos**  
Athens, Greece



**Denis Delphy**  
Dijon, France



**Babis Konstantoulakis**  
Chania, Crete



**Jean-Damien Metaizeau**  
Dijon, France



**Bartosz Musielak**  
Poznań, Poland

### UK Faculty:



**Ian Baxter**  
Sheffield



**Caroline Blakey**  
Sheffield



**Jim Brousil**  
Derby



**John Cashman**  
Sheffield



**Laura Deriu**  
Leeds



**Wendy Dickens**  
Sheffield



**Sara Dorman**  
Sheffield



**James Fernandes**  
Sheffield



**Adelle Fishlock**  
Leeds



**Mark Flowers**  
Sheffield



**Steve Giles**  
Sheffield



**Nick Green**  
Sheffield



**Sarah Hill**  
Sheffield



**Sanjeev Madan**  
Sheffield



**Nick Nicolaou**  
Sheffield



**Dominic O'Dowd**  
Sheffield



**Leanne Royle**  
Sheffield



**Anish Sanghrajka**  
Norwich



**Candice Sutcliffe**  
Sheffield



**James Widnall**  
Liverpool

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## REGISTRATION



Registration fee includes: coffee breaks and buffet lunch.	EARLY before 30th September  <b>FULL 3 DAYS</b> attendance	EARLY before 30th September  <b>SINGLE</b> <b>DAY(s)</b> attendance	LATE after 1st October  <b>FULL 3 DAYS</b> attendance	LATE after 1st October  <b>SINGLE DAY(s)</b> attendance
<b>Consultant Surgeons</b>	£450	£195	£500	£240
<b>Trainees / AHPs</b> Trainees and other allied health professionals	£350	£125	£395	£175
<b>Course Dinner</b> Thursday 7th November	£50			



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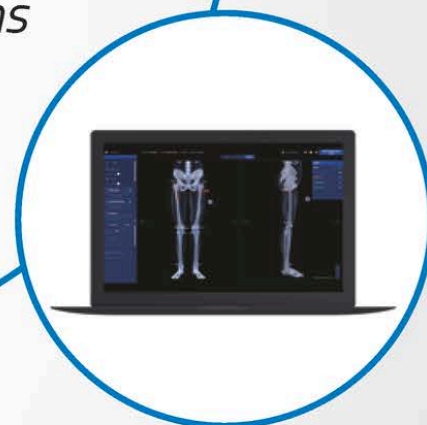
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# PNP | FEMUR

## IMPLANTS



- Comprehensive **femoral nail system** for both fracture and deformity correction
- Child and adolescent nails in **7mm-12mm** diameter and **20cm-42cm** lengths
- Upgraded instrumentation



[www.orthopediatrics.com](http://www.orthopediatrics.com)



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### Wednesday 6th November - Lower Limb Trauma

**08:00-08:30 - REGISTRATION & COFFEE**

08:30-08:45 - Welcome and Housekeeping - **Caroline Blakey**

08:45-09:15 - PRESENTATION - Principles of elastic nailing and tips & tricks in the LOWER LIMB

**Jean-Damien Metaizeau**

09:15-10:15 - **SKILLS STATIONS 1: Elastic nailing LL**

**Jean-Damien Metaizeau | Steve Giles | Dominic O'Dowd**

**Laura Deriu | Ian Baxter | Jim Brousil**



**10:15-10:45 - COFFEE**

10:45-11:00 - PRESENTATION - Fractures about the hip - **John Anastasopoulos**

11:00-11:15 - PRESENTATION - Fractures about the knee - **Dominic O'Dowd**

11:15-11:45 - PRESENTATION - Lower limb trauma challenging cases - **James Fernandes**

11:45-12:45 - **SKILLS STATIONS 2: PNP Nail**

**James Fernandes | Nick Green | Steve Giles**

**Sanjeev Madan | Dominic O'Dowd | Bartosz Musielak**



**12:45-13:30 - LUNCH**

13:30-14:30 - CASE DISCUSSIONS - Lower limb trauma

**Dominic O'Dowd | Steve Giles | John Anastasopoulos | Bartosz Musielak**

**Jean-Damien Metaizeau | Jim Brousil**

14:30-15:30 - **SKILLS STATIONS 3: Spica cast**

**Ian Baxter | Caroline Blakey | Babis Konstantoulakis**

**James Fernandes | Laura Deriu**



**15:30-15:45 - TEA**

15:45-16:00 - PRESENTATION - Pathological fractures - **Steve Giles**

16:00-16:15 - PRESENTATION - Slipped capital femoral epiphysis (how to pin) - **Nick Green**

16:15-17:00 - CASE DISCUSSIONS - Slipped capital femoral epiphysis

**Nick Green | Sanjeev Madan | Caroline Blakey**

17:00-18:00 - PANEL DISCUSSION - Perthes

**lead by Sanjeev Madan**

18:00 - CLOSE

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### Thursday 7th November - Upper Limb Trauma and Infection

**08:00-08:15 - REGISTRATION & COFFEE**

08:15-08:30 - PRESENTATION - Introduction to paediatric upper limb trauma - **Laura Deriu**

08:30-09:00 - PRESENTATION - Principles of elastic nailing and tips & tricks in the upper limb - **Denis Delphy**

09:00-10:00 - **SKILLS STATIONS 4 - Elastic nailing UL**

**Laura Deriu | Denis Delphy | Caroline Blakey  
Anish Sanghrajka | John Cashman | James Widnall**



**10:00-10:30 - COFFEE**

10:30-11:30 - CASE DISCUSSIONS - Upper limb trauma

**Jean-Damien Metaizeau | John Cashman | Laura Deriu  
Jim Brousil | John Anastasopoulos | James Widnall**

11:30-11:45 - PRESENTATION - Tips & tricks for fractures around the elbow with supracondylar video

**John Cashman**

11:45-12:45 - **SKILLS STATIONS 5 - Supracondylar and lateral condyle**

**Jim Brousil | John Cashman | Laura Deriu  
Anish Sanghrajka | Caroline Blakey | James Widnall**



12:45-13:15 - PRESENTATION - Managing paediatric musculoskeletal infection - **Anish Sanghrajka**

**13:15-14:00 - LUNCH**

14:00-15:00 - CASE DISCUSSIONS - Paediatric infection

**Anish Sanghrajka | Bartosz Musielak | John Cashman  
John Anastasopoulos | Nick Green | Babis Konstantoulakis**

15:00-15:30 - PRESENTATION - Paediatric orthopaedic radiology - bone lesions and normal variants

**Leanne Royle**

**15:30-15:45 - TEA**

15:45-16:00 - PRESENTATION - Normal variants - **Sarah Hill**

16:00-16:10 - Physeal disturbance post trauma - **Bartosz Musielak**

16:10-16:20 - How to plan a post-traumatic malunion deformity correction - **Anish Sanghrajka**

16:20-16:50 - CASE DISCUSSIONS - Post-traumatic deformity: Cases to demonstrate osteotomy rules & different methods of correction - **All Faculty**

**16:50-17:00 - COMFORT BREAK**

17:00-17:10 - Post-infective growth arrest - **Nick Green**

17:10-17:20 - Predicting LLD post-infection growth arrest with the MOSELEY Method - **Bartosz Musielak**

17:20-17:50 - CASE DISCUSSIONS - simple to more complex cases showing Post-infective deformity management  
**All Faculty**

18:00 - CLOSE

19:00 - Course Dinner (entry by purchase of ticket)

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## Friday 8th November - Elective Paediatric Orthopaedics

### 08:15-08:30 - REGISTRATION & COFFEE

08:30-09:00 - PRESENTATION - Understanding gait analysis (with videos) - **Wendy Dickens**

09:00-09:15 - Technical tips - VDRO (video) - **Adelle Fishlock**

### 09:15-10:15 - **SKILLS STATIONS 6 - VDRO**

**John Cashman | James Widnall | Caroline Blakey  
Adelle Fishlock | Jim Brousil | Sanjeev Madan**



### 10:15-10:30 - COFFEE

10:30-11:30 - CASE DISCUSSIONS - CP cases

**John Cashman | James Widnall | Jim Brousil | Adelle Fishlock | Babis Konstantoulakis**

11:30-11:50 - PRESENTATION - Pathological bone disease - **Nick Nicolaou**

### 11:50-12:30 - **SKILLS STATIONS 7 - Telescopic Nail**

**Nick Nicolaou | Steve Giles | Nick Green**



### 12:30-13:00 - LUNCH

13:00 - 13:15 - PRESENTATION - Flat foot - **Jim Brousil**

13:15 - 13:30 - PRESENTATION - Cavovarus foot - **James Widnall**

### 13:30 - 14:15 - **SKILLS STATIONS 8 - CTEV / Atypical CTEV / CVT**

**Candice Sutcliffe | Caroline Blakey | Sanjeev Madan | John Cashman**



13:30 - 14:15 - PARALLEL BREAKOUT: Complex foot deformities case discussions

**Jim Brousil | James Widnall | Mark Flowers | Steve Giles**

### 14:15-14:30 - TEA

14:30-15:00 - PRESENTATION - Principles of DDH management - **Babis Konstantoulakis | Caroline Blakey**

15:00-16:00 - CASE DISCUSSIONS - Early DDH and Pavlik / Late DDH / Adolescent dysplasia

**Sanjeev Madan | Caroline Blakey | Babis Konstantoulakis**

**John Anastasopoulos | Mark Flowers | John Cashman**

16:00 - 16:15 - Final remarks and close

